

# Seasonal Stewardship Program Idaho Service Corps Program Gear Packing List



ICC provides work shirts, rain gear, cookware, hand tools, hard hats, ear protection, and eye protection. This list is what you will need to pack to equip you for a successful experience. Please contact your Program Coordinator if you have any questions.

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**Boots:** Work boots must meet the following specifications:

1. All Leather
2. At Least Seven inches from the top of the heel, to the top of the boot.
3. Medium weight and stiffness with firm toes and good laces.
4. Lug Soles or other traction soles for working in steep, muddy conditions.

You can find this type of work boot at Wal-Mart, K-Mart, or most retail stores. A good pair of boots might be expensive, but consider them an investment that will pay off over years.

Break your new boots in by wearing them before your session starts.

You will not be allowed to work without a pair of boots in good condition.



If boots do not meet ICC standards, you will be required to purchase boots from ICC. The boots sold at ICC can be paid for by paycheck draw. Please ensure that you meet all boot requirements, as to guarantee that you don't have to spend more money on personal equipment.

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**NOTE:** Be sure to bring enough warm clothing as the weather is colder and wetter in the areas where you will be working and especially in the Spring and Fall. Non-cotton clothing articles work best.

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## Mandatory:

**Work Gloves** - Two pairs of Leather work gloves are required. Leather is the industry standard work glove for the type of projects you'll be completing here at ICC.

**Food** - You will need to bring enough food for breakfast, lunch, dinner, and two breaks each day on spike projects and trainings.

**Coat for Work** - A loose-fitting jacket or sweater large enough to wear over other clothes is ideal. Wool or pile coats stay warm even if they get damp.

**Sweatshirt or sweater** - This can be a heavy long sleeve top that can be worn under a coat for additional warmth.

**Pants** - Two or three pairs of work pants are needed, such as Levi's, Carhartts, or wool pants. They should be loose fitting, but not baggy. Any pants with holes or patches are unacceptable.

**Underwear** - Enough to last a nine-day camping project

**Socks** - Bring at least six pairs, ideally wool or synthetic. Do not bring heavy cotton socks!

**Shoes for Camp** - These can be lightweight shoes, with no open toes, or open heels. They must fully cover the entire foot. No Keens, Teva, or Five Finger Shoes.

**Tent** - One or two-person size works best. This will be your home, but you may also need to fit it into an already-full backpack

**Sleeping Bag** - You will need a sleeping bag that is warm, lightweight, and compact. Your bag must be made with synthetic fibers that will dry quickly. Cotton bags are not acceptable. A sleeping bag rated to 20 degrees is recommended.

**Closed Foam Sleeping Pad** - Ensolite or blue foam works well, is inexpensive, and is available in most discount stores. Do not bring foam rubber; it is bulky and impossible to dry if it gets wet.

**Flashlight & Batteries** - Or a headlamp for camp evenings—bring extra batteries!

**Water Bottle** - Bring at least one 32oz water bottle for using at work or at camp. We recommend drinking one gallon per day. You can reuse Gatorade type bottles.

**Toothbrush & Toothpaste****Watch****Sunscreen****T-Shirts** - Bring enough to keep you happy for a nine-day hitch!**Food Container** - This container needs to be big enough to hold nine days' worth of food and should be strong enough to keep rodents and birds out. Cooler for cold foods will be provided.**Lunch Container** - Please provide a small container for lunches during the workweek.**Optional:****Long Johns, Wool Socks and Hat** - Polypropylene or wool are best. Cotton is cheap, but doesn't work when wet.**Small Pocket Knife** - ICC policy forbids knife blades longer than 4". No Axe Blades or Hatchets allowed.**Day Pack** - Typical bookbag sizes work well.**Camera****Waterproof case for important stuff****Moleskin or Mole Foam** - This will give you relief from foot blisters.**Acoustic instruments****Compass or compact binoculars****First aid kit** – ICC provides each crew with a standard First Aid kit and Water Treatment. If you would like more specific contents please supply your own.**Sewing kit****Cards, small games, books****Not Permissible:****Electronics** - Keep in mind most electronics will not withstand unpredictable weather, bumpy roads, and other aspects of ICC's work. Cell service and electricity will rarely be available. Headphones are not allowed on the work site and can isolate individuals from the group, but are allowed during personal time.**Cosmetics** - Hairspray, perfume, cologne, make-up, lip stick, hair dryers and other grooming items will not be needed. Limited space and time to apply these items on a regular basis will be extremely limited. Besides, if it smells good to you it might smell good to rodents or other animals and we don't want these items stored in a tent.**Advertising** - In order to promote a drug and alcohol free environment we ask that you do not bring any items that promote drugs, alcohol or tobacco products.**Firearms/Weapon****Fireworks****Drug/Alcohol Related Paraphernalia****ICC Store Items**

ICC has several items for sale through our parent organization, the Northwest Youth Corps. These include work boots that are much cheaper than those you may find at a store, sleeping bags, water bottles, and so much more! You can pick them up on the start day of your program. Order at [www.northwestyouthcorps.org/store.html](http://www.northwestyouthcorps.org/store.html) or call 208-615-2726 for more information.

**Other notes on clothing and equipment**

We encourage you not to bring anything of great monetary or sentimental value. We will be working hard outdoors and gear will surely take a beating. It is important that you are able to see gear in a utilitarian sense; it allows us to get things done and should be both effective and durable. It need not be the newest ultralight version nor is it not a fashion statement or status symbol. A \$7 wool holiday sweater from goodwill may be a better choice than this year's \$200 Patagonia jacket. Thrift stores, army surplus shops, and clearance racks are all good places to start when looking for gear.